



CLEAR Methodology

Contracting: What do you want to achieve today? What would success look like? How do we need to work together to achieve that?

Listening: Let's get all the different perspectives, hopes, fears on the table, making sure that they are heard before we move on?

Explore: What are all the elements that might be needed to move forward? What can we experiment with in our thinking today?

Action: What are we committed to doing? Who will do what when, what support is necessary? Can we make a start towards that today?

Review: What worked well in this session? What could we do better next time?

From Peter Hawkins, Leadership team Coaching, 2014.